

Understanding the Purpose of Pain:

What Ancient Medicine Teaches us about Pain and How to Resolve it.



Join Trupti Gokani, MD

Board Certified Neurologist/Speaker/Ayurvedic Coach
Author, *The Mysterious Mind: Heal Headaches*

This presentation will explore eastern principals of how pain presents and why one is afflicted with pain. An eye opening revelation of why one suffers with pain, both physical and emotional, will be explored as Dr. Gokani takes you through a journey of how she found herself discovering ayurveda and bringing it to the western practice of medicine.

Wednesday, May 10, 2017~ 1-2 p.m.

Room 101 ~ Park Center, 2400 Chestnut, Glenview, IL ~ FEE: Free

For more info call (847) 657-3510 or go to www.northshore.org/calendar

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